



***National Mental Health Services Survey (N-MHSS), 2010***

## Bibliographic Description

Title: National Mental Health Services Survey (N-MHSS), 2010

Alternate Title: N-MHSS, 2010

Principal Investigator(s): United States Department of Health and Human Services. Substance Abuse and Mental Health Services Administration. Center for Behavioral Health Statistics and Quality

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## Scope of Study

Summary: The *National Mental Health Services Survey (N-MHSS)* is an annual survey designed to collect statistical information on the numbers and characteristics of all known mental health treatment facilities within the 50 States, the District of Columbia, and the U.S. territories. In every other year, beginning in 2014, the survey also collects statistical information on the numbers and demographic characteristics of persons served in these treatment facilities as of a specified survey reference date.

The N-MHSS is the only source of national and State-level data on the mental health service delivery system reported by both publicly-operated and privately-operated specialty mental health treatment facilities, including: public psychiatric hospitals; private psychiatric hospitals, non-federal general hospitals with separate psychiatric units; U.S. Department of Veterans Affairs medical centers; residential treatment centers for children; residential treatment centers for adults; outpatient or day treatment or partial hospitalization mental health facilities; and multi-setting (non-hospital) mental health facilities.

The N-MHSS complements the information collected through SAMHSA's survey of substance abuse treatment facilities, the *National Survey of Substance Abuse Treatment Services (N-SSATS)*. Treatment facility information from the N-MHSS is used to populate the mental health component of SAMHSA's online Behavioral Health Treatment Services Locator. ([Link](#))

Subject Term(s): mental health, mental health services, treatment facilities, treatment programs

Geographic Coverage: United States

Time Period: 2010

Date(s) of Collection: 2010-04 - 2010-12

Unit of Observation: -

Universe: The initial N-MHSS universe of 15,562 facilities included all known specialty mental health facilities in the United States and its territories at the beginning of the data collection period. Most facilities in the 2010 N-MHSS frame were identified from the 2008 NSMHTF. To enhance the existing NSMHTF database of eligible facilities, a list of currently-operating mental health treatment facilities was requested from the Centers for Medicare and Medicaid Services (CMS) and national professional organizations. These entities provided information for additional mental health facilities that were added to the initial survey frame. A small number of newly identified facilities was added to the survey frame over the course of the 2010 N-MHSS. The final total N-MHSS facility universe was 16,197 mental health treatment facilities.

Data Type: survey data

Data Collection Notes: Data were collected by Mathematica Policy Research, Inc., Princeton, NJ, and prepared for release by Synectics for Management Decisions, Inc., Arlington, VA.

N-MHSS is a point-prevalence survey. It provides information on the mental health treatment system and its clients as of a pre-selected reference date (April 30, 2010). Client counts do not represent annual totals. Rather, the N-MHSS provides a "snapshot" of mental health treatment facilities and clients on an average day or month.

N-MHSS collects data about facilities, not individual clients. Data on clients represent an aggregate of clients in treatment for each reporting facility.

N-MHSS attempts to obtain responses from all known facilities, but it is a voluntary survey. There is no adjustment for the 8.8 percent facility non-response.

## Methodology

Sample: The following types of mental health treatment facilities were included in the 2010 N-MHSS; psychiatric hospitals, non-federal general hospitals with a separate psychiatric unit, VA medical centers, outpatient or day treatment or partial hospitalization mental health facilities, residential treatment centers (RTCs) for children, residential treatment centers (RTCs) for adults, and multi-setting (multi-service, non-hospital) mental health facilities.

The following types of facilities were excluded from the sample; Department of Defense military treatment facilities, Indian Health Services-administered or tribally-operated facilities, private practitioners or small group practices not licensed as a mental health clinic or center, and jails or prisons.

Mode of Data collection: mail questionnaire, telephone interview, web-based survey

Extent of Processing: Performed consistency checks. Created variable labels and/or value labels. Standardized missing values. Created online analysis version with question text. Performed recodes and/or calculated derived variables. Checked for undocumented or out-of-range codes.

## Access and Availability

Note: Some instruments administered as part of this study may contain contents from copyrighted instruments. Reproductions of the instruments are provided solely as documentation for the analysis of the data associated with this collection. Please contact the data producers for information on permissions to use the instruments for other purposes.

Restrictions: -

Original Release: 2014-04-03

Version History: The last update of this study occurred on 2014-07-17.

2014-07-17 - Changed the Stata system data file from version 13 to version 12 for compatibility on a wider range of systems.

2014-04-03 - Data were updated to remove errant value labels in the state (STFIPS) variable.

Dataset(s): DS1: National Mental Health Services Survey (N-MHSS), 2010